

The cost of the remedies to assist your child after the tongue-tie procedure is £15. Please feel free to get in touch to find out more.

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The Association of Tongue-tie Practitioners

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Homeopathy for the tongue-tie procedure



Homeopathy is a natural and holistic system of healing which is safe enough to be used for newborn babies and infants.t

Homeopathic remedies are principally derived from plants and minerals, and there are two major remedies which are of great benefit in both speeding the healing and calming the shock of the tongue-tie procedure.

Arnica (Mountain Daisy)

Arnica is probably the best known homeopathic remedy. It is used to heal bumps, bruises and all forms of physical trauma. Taken internally, Arnica will accelerate the healing of the soft tissue damage necessitated by the procedure, thereby also reducing the pain. It should be taken both before and immediately after the procedure.



Aconite (Wolf's Bane)

In homeopathy, this plant is used to enable the mind and body to become calm after a shock. It is used widely to soften the shock of childbirth for both parents and child, and here will soften your baby's emotional reaction to the procedure. It can also be used by the parent, who may be feeling similarly shocked, and should be administered immediately after the procedure.



Homeopathy works very well alongside the other very calming effects of skin to skin contact, cuddles, cuddles, co-bathing and sling use. Speeding the physical and emotional healing will in turn allow improved breastfeeding to commence all the sooner.



Homeopathic remedies come in the form of small pillules. They are easily administered and are pleasant tasting.